

Prof. K. Srinivasan

Abstract

Machine Learning (ML) has emerged as a transformative technology in healthcare by enabling accurate disease diagnosis, early risk prediction, personalized treatment, and clinical decision support. By analyzing large volumes of medical data, ML algorithms can identify hidden patterns that improve diagnostic accuracy and patient outcomes. This review paper discusses major applications of machine learning in healthcare, current challenges, and future research opportunities.

Keywords

Machine Learning, Healthcare, Disease Prediction, Medical Diagnosis, Artificial Intelligence, Clinical Decision Support

1. Introduction

Healthcare systems generate vast amounts of clinical, imaging, genomic, and wearable device data. Machine learning techniques help healthcare professionals process these data efficiently, enabling early detection of diseases, improved treatment planning, and evidence-based decision-making.

2. Applications of Machine Learning in Healthcare

Machine learning is widely used for disease diagnosis, medical image analysis, cancer detection, cardiovascular disease prediction, diabetes prediction, drug discovery, patient monitoring, personalized medicine, hospital resource management, and predictive analytics.

3. Benefits

ML improves diagnostic accuracy, reduces human error, supports early disease detection, enhances operational efficiency, enables personalized healthcare, accelerates medical research, and improves patient outcomes through data-driven decision-making.

4. Challenges

Major challenges include limited availability of high-quality datasets, data privacy and security concerns, algorithmic bias, lack of model interpretability, regulatory compliance, integration with clinical workflows, and ethical considerations.

5. Future Prospects

Future developments include explainable AI, federated learning, precision medicine, AI-assisted robotic surgery, wearable health monitoring, real-time disease surveillance, and integration of machine learning with genomics and telemedicine.

6. Conclusion

Machine learning has significant potential to revolutionize healthcare diagnosis and disease prediction. Continued investment in data quality, ethical AI governance, clinical validation, and interdisciplinary collaboration will enable safe and effective adoption across healthcare systems.

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